



April Update 2018

April 17, 2018

DEDICATED TO THE PROMOTION OF THE SPORT OF PICKLEBALL

IN THIS ISSUE

FROM THE PRESIDENT

By Rico Goedjen

Plans are still moving forward on four sites (Stoughton, Middleton, Sun Prairie, Waunakee) for work this spring if spring ever arrives. Communities have been attentive to the rapid growth of the sport and the need to provide more opportunity for quality play. All four sites are in various stages of development with completion for late summer or early fall. If all goes well we will be able to enjoy as many as 24 new dedicated courts this fall. This kind of incredible response came from our collective voices. Thanks to all who help promote the sport to anyone who will listen.

It is also encouraging that CAPA members have been asked to provide advice and guidance to ensure that the playing conditions are optimal. In some cases our suggestions have added costs that have taken projects over budget. CAPA supports efforts to close funding gaps and we encourage all who enjoy playing outdoors to consider a donation. Currently two projects are over budget and looking for support. Middleton (see pages 6-7) and

Stoughton (checks should be mailed). Please consider investing in the long term value of quality playing conditions.

Improvements are on the way for Garner but it will mean the courts will not be available for two full weeks in June. Divider fences between courts and wind screens are scheduled to be installed with the funds coming from the excess raised in 2016 which have been in a reserve account.

On another note, CAPA members continue to be active in player development. Roxie and Jerry Gottsacker are again leading the Madison Parks beginner lessons. In Waunakee, Jeanne Burgess, who recently received certification as an instructor, is heading up support of their first set of lessons.



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CAPA MEMBERS REBATE REWARDS

PickleballCentral.com provides two 5% discounts to club members. 5% goes to the purchaser, and 5% goes back to the club in the form of a coupon rebate which is issued in February. With this year's (2017 purchases) rebate of \$48 we purchased a dozen new Onix Fuse balls to be used for leagues, trainings, clinics, etc., and a carry bag for the trainers and organizers to hold all of the paraphernalia needed for those activities. The discount code can be found under the Members Only page on capareapb.com. Forgot the member-only access code? Email pickleball@capareapb.com. Thank you, members!

Garner Park Reservations

Despite repeated attempts to persuade the Madison Parks Department to block mornings for open play on their reservation system CAPA's appeals have not convinced them. That's the bad news. The good news is that contrary to the rumors very few morning court hours have been booked. If we all keep it this way then the courts will be available and play can continue just like last year (open play every morning). Everyone wants to avoid any unpleasant and uncomfortable situations that might arise. Also, several groups have scheduled afternoon times which helps take pressure off the morning hours.



Checking court availability at Madison's Garner Park Pickleball Courts

An increasing number of individuals are reserving courts at various times. This means that you may want to check availability before driving to the courts. So, how do you do it?

Go to the [Madison Parks Department Garner Park Availability Webpage](https://www.gymdandy.io/wi/madison/orgs/madison-parks/facilities/garner-park) (<https://www.gymdandy.io/wi/madison/orgs/madison-parks/facilities/garner-park>)

1. Scroll down to the calendar — on the right side under **Spaces** un-check **Select All**
2. Scroll further down and check the boxes for each of the **Pickleball Courts**
3. Scroll back up and use the < > (arrows) to click through the weeks until you find the day(s) you wish to play. Each court reservation is shown in a different color.

NOTE: All courts are UNAVAILABLE June 11-25 for construction work on the courts during which time the city will be installing divider fences between courts.

Check these out!

[CAPA Website](#)

[Upcoming Events](#)

PLEASE HELP SPREAD THE WORD AND
ENCOURAGE PLAYERS TO JOIN CAPA.

THANK YOU!

CAPA BOARD MEETINGS

CAPA Board Meetings are open to the public. Meetings will be held the 2nd **Wednesday** of the month in May, June, July, August, October, and December. Time and location noted in the Agenda.

CAPA NEWSLETTERS

Look for the CAPA newsletters four times a year. Future editions in 2018 will be available in July and October.

If there is anything you would like to see included, please let us know by emailing pickleball@capareapb.com.

Do you know the rule?

By Joe Carter

Was there a fault?

When striking at a volley, both partners A & B paddles simultaneously hit the ball with A's paddle in front, hitting the ball. Player B does not touch the ball, however, player B's momentum takes her into the NVZ. Is there a fault?

Yes. This will be a "fault" per Rule 9.B. "A fault will be declared if, in the act of volleying the ball, a player or anything contacting the player touches the non-volley zone." Partner A contacted partner B (anything contacting the player) during the "... swing, the follow-through, and the momentum of the action." (9.B.1.) See the [USAPA/IPF Official Tournament Rules Book](#).

Was the call made in time?

During a volley, a ball lands out before player A hits the ball. Player A hesitates on the call. During that hesitation, her returned ball crosses the net and opponent player B hits the ball just before player A calls "out." At most one or two seconds pass between the time player A strikes the ball and player B hits the return. Did player A make the call in time?

No. The play must continue as if the ball were "in." 6.D.8. "All "let" or "out" calls must be made "instantly"; otherwise, the ball is presumed good and still in play. "Instantly" is defined as calling "let" or "out" prior to the ball being hit by the opponent or before a dead ball is declared." See the [USAPA/IPF Official Tournament Rules Book](#).



TIPS

BREATHE...

from Kate Dalby

My latest focus when I'm playing is a tip from Gail Leach to breathe. It's really helped me big time. Sarah Ansboury has also posted on this subject and I love her tutorials but it's this [one](#) that has changed my game recently.

USE YOUR EYES FOR FASTER HANDS

from David Mott

The brain uses your eyes to tell your body what to do. A hard focus on the ball as it travels using both eyes slows the perceived ball speed. This allows you more time to react because you are providing the brain better information with which to tell your body what to do. If you find your game out of kilter and can't figure out how you fell off the rails, begin by regaining a hard focus on the ball to decrease your reaction time so that the fast balls become slow enough to meet effectively. This skill is critical at the net where the game is meant to be played and though it's commonly called hand-eye coordination, it always starts with the eyes.

PLACE YOUR OPPONENTS IN PERIL

from David Mott

Winners are great when you have the chance to hit one and often the best game strategy is to do what you can to increase the number of opportunities to hit them. The best way to do this is to place and keep your opponents in peril.

You should take the opportunity to place a ball where your opponent has a hard time returning it every time you can. When they have a hard time returning a shot and find themselves in peril, they will often set you up with a put away shot just to keep the ball alive.

Peril comes in many forms from a crossing lob to a soft low ball whose trajectory makes it strike the court at foot level and three feet to your side. Catching your opponents sharply apart and sailing a ball between them causes trouble. A hard, deep, backspin service return is difficult to turn into a 3rd shot drop and body shots while dinking place opponents in peril and make their returns difficult at best.

Think of ways to place your opponents in peril and practice their execution until you can successfully produce them at will, and the odds of ending a point in your favor go way up.

Tournament News



Representing CAPA at the Rockford Spring Swing (photo on left): (L-R back row) Mike Derr, Ryan and Sam Weinbach, Steve McKenzie.
 (L-R front row) Karen Jerg, Dave, Dina & Jake Weinbach, Sharon Kolb
 Not pictured: Jeff Barkley, Bill Conner, Kristy Damm, KaSandra Gehrke, Robert Lehman, Paul Martinson, and Sherri Steinhauer

Results:

Dave Weinbach won gold in men's 5.0 doubles
 KaSandra Gehrke won silver in 5.0 mixed doubles and bronze in 5.0 women's doubles
 Jake Weinbach won gold in men's 4.5 doubles
 Sherri Steinhauer and Jake Weinbach won silver in mixed doubles 4.5
 Ryan & Sam Weinbach won gold in men's 4.0 doubles
 Karen Jerg & Jeff Barkley won silver in mixed doubles 4.0
 Dina Weinbach won bronze in women's doubles 3.5
 For players listed singly, they were partnered with players from outside the CAPA area.



KaSandra Gehrke on left



Jake Weinbach & Sherri Steinhauer on the right on the silver stand.



Karen Jerg and Jeff Barkley on the right on the silver stand.



Ryan and Sam Weinbach



Dave Weinbach
 Steve McKenzie
 Mike Derr
 Dina Weinbach



To see all of the latest CAPA member tournament results, click on [2018 Tournament Results](#)

CAPA PLAYER PROFILES



JANICE KELLOGG

After giving up racquetball and tennis due to aging knees, I was curious when friends who wintered in Arizona told me about this great game I just had to try. I tried and was hooked. Five of us played outdoors in Stoughton and in winter I found the only pickleball game in Madison at the Salvation Army gym. Since then Stoughton has been supportive of our pickleball community as we've grown. They have resurfaced old courts, converted tennis courts, made an unused gym available in the winter and are now creating 6 new courts dedicated solely to pickleball. The new courts are funded as a joint effort of the town, local community philanthropic organization and a local foundation. In addition we are currently beginning some fundraising to complete all the extras for the project.

I don't know which I've benefited more from, finding competitive play once again or the all the new friends I've met through pickleball. My goals for the future of pickleball in Stoughton are to introduce new players to pickleball and add quality instruction for improving play for all.



TOM ENGELBRECHT

Duane Kleven, the former UW Wrestling Coach, introduced pickleball to me. From there, I read up on the game and thought that it looked like a lot of fun. I have been playing ever since. I usually play at Garner Park in Madison when we can play outdoors or at Hitters during inclement weather. I play 2-3 times a week or more. I like the game because you don't need a lot of equipment and it is easy to take your paddle with you anywhere. And, you can play anywhere indoors or out. Pickleball is a challenging game but a lot of fun. It's a game about mistakes - whoever makes the least amount of mistakes wins!!

I have made a lot of great friends, it's great exercise, and it's a great mental challenge.

Madison Parks and Rec Beginner Lessons Begin in June

For the third year in a row, the Madison Parks and Recreation Department is offering beginner Pickleball lessons starting in June. This upcoming summer, all lessons will take place at the Madison Parks and Recreation six dedicated Pickleball courts at Garner Park.

The instructors have two goals for participants: Have fun and get some exercise. You do not need to be an athlete or be competitive to play pickleball.

In early June there will be a special one-time event called 'Learn to Play Pickleball'. It is scheduled for June 7th and starts at 5:30. The event lasts 1 ½ hours. You will not become experts as a result of this session, but it will help you decide whether or not to continue with additional Madison Parks and Rec Pickleball lessons.

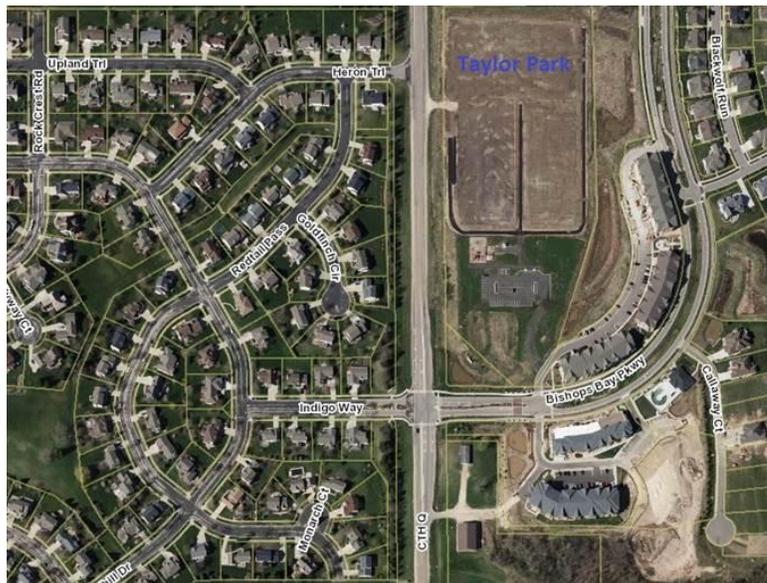
Ongoing beginner lessons will continue through the summer at Garner Park. Each session lasts one hour and each series of lessons is four weeks long. Lessons are scheduled in the late afternoon—5:30 and 6:30. Participants can only attend the 5:30 or 6:30 session for which they are registered.

Later in the summer, due to the change in daylight, the lessons change to 4:30 and 5:30 in the afternoon.

If you, or anyone you know, would like to learn to play Pickleball, this is the perfect opportunity. Encourage folks to sign up early because in past years, every session was waitlisted.

Please use this [link](#) to the Madison Parks and Rec Department online enrollment for all sessions.

Taylor Memorial Park Pickleball Project



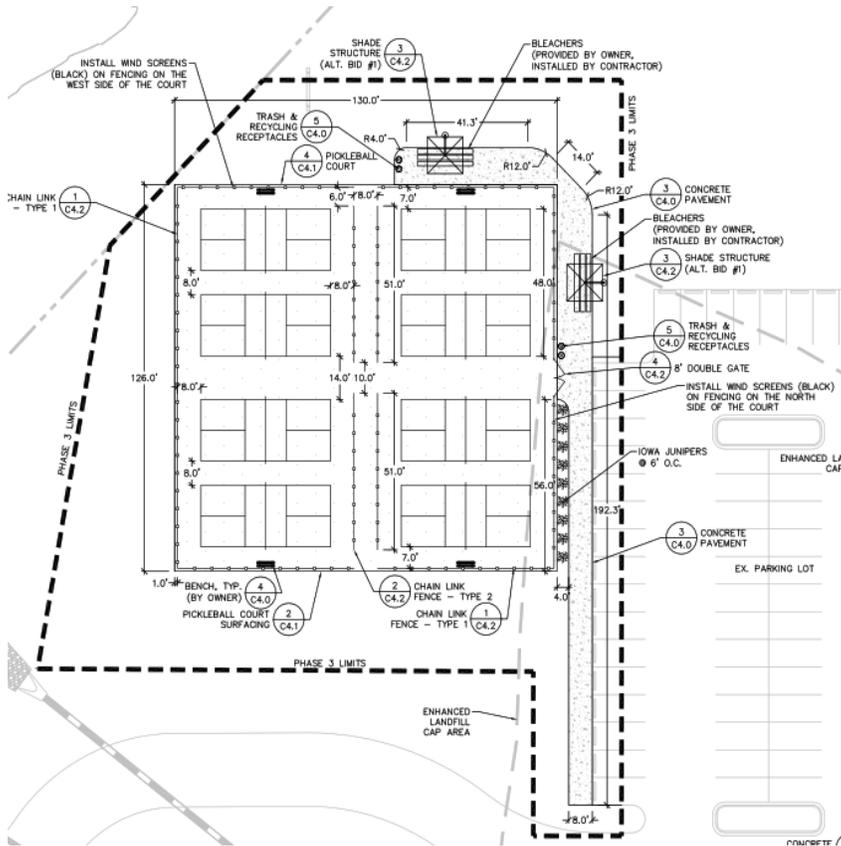
The City of Middleton is building eight pickleball courts at the new Taylor Park just off Hwy Q at the entrance to the Bishops Bay Community.

Pickleball is just one of the features that will be added this year. Included in the master plan is a shelter and basketball court. Already in place are three youth sports fields for lacrosse and football as well as a playground.

Pickleball is the fastest growing sport in the country with exponential participation levels reached over the last few years. Growth is fueled by several unique factors. It is much easier to play than tennis. It is almost always played as doubles so the physical demands are manageable for a broad range of abilities. Participation is almost evenly split between male and female. It appeals to all ages. Some of you may have been introduced to pickleball in school. It also has a very social element to it, evidenced by significant play involving large groups. While early participation came from the over 60 age

bracket the lack of places to play has been the biggest limiting factor in its growth.

Early attempts to accommodate pickleball play were to dual stripe tennis courts. However, this solution caused problems: conflict with tennis players and not a very good pickleball experience.



Currently, there are no tennis courts in Middleton that are dual striped so the Taylor Park project will be the only place in the city to accommodate outdoor play. The plan for eight dedicated courts will make this site the largest and no doubt the best place to play in Dane county. Lack of a place to play could soon be seen as a negative for the community. Deerfield, Stoughton, Cross Plains, Fitchburg, Sun Prairie, Madison and Waunakee have already built dedicated pickleball courts or are looking at projects.

The Taylor Park project has been let for bid and has a \$25,000 gap on a budget of \$160,000 which needs to be funded. The Capital Area Pickleball Association, newly formed in 2016 and now with over 300 members, supports the project and is encouraging donations to Middleton Public Lands for the completion of the project. As a promoter of the game of pickleball, CAPA will be providing beginning lessons and clinics to help encourage area residents of all ages to learn and play the game.

Please make donations payable to **Middleton Public Lands, Recreation & Forestry Department.**

Donations are eligible for a 100% tax deduction.

Donations of any amount will help and may be sent to:

City of Middleton Finance Department

Taylor Park Pickleball Fund

7426 Hubbard Ave

Middleton, WI 53562

Pickleball Lessons in Sun Prairie this Summer

The city of Sun Prairie Parks and Recreation Department will be offering lessons this summer during July and August. There will be adult lessons on Monday nights from 5 p.m. to 7 p.m. and Youth lessons (ages 10 - 15) on Thursday nights from 5 p.m. to 5:55 p.m. and a second session from 6 p.m. to 6:55 p.m. These lessons will be taught by Kristy Damm, Warren Luehring and Jeff Barkley. Contact 608-837-3449 for more information.

Have a GREAT
Spring and Summer!